



A Monthly Publication of BENGlassLaw

This newsletter is for informational purposes only and no legal advice is intended.

The BenGlassLaw Angel Tree PROGRAM

Our Mission to Give Back This Holiday Season

The holiday season is all about giving rather than receiving. The BenGlassLaw Team has made it our mission to do our best to help those who need assistance. For Thanksgiving, we participated in a food drive to help our health care workers in Fairfax County. For Christmas, we took part in an Angel Tree program through one of our team members' church to fulfill the Christmas wish lists of three foster children. Our deadline to receive all gift donations was December 4th, and we could not be prouder with how our team stepped up to the plate.

We are happy to report that every single gift on the wish lists was purchased and will be sitting under their Christmas trees on Christmas morning!

During this holiday season, we challenge you to find a way to make a difference in your community. If you already have, reach out to us and share how you impacted your community.

From our family to yours, we wish you peace, love and joy this holiday season. Thank you for being part of our lives and allowing us to be part of yours. Happy Holidays!

The BenGlassLaw Team



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OUR MISSION STATEMENT

"We help people make great decisions about their legal issues."



It may sound simple, but the truth is that

not everyone operates like we do. Even when we can't help someone directly, we consider it important to make sure that they are matched up with a potential answer to their question or problem. We never "send people on their way." We are committed to being a positive, useful resource for anyone who has a legal issue.

If you know of someone who might need an attorney or has a legal question, hand them this newsletter. Let them know that there is a law firm that wants to guide them to a great decision. We're just a call or contact form away.

BGL's Best Bites:

CARAMEL APPLE CIDER MIMOSA



Tammy

There is only one thing I like more than brunch—brunch with mimosas. When the patios close for the season and the family comes to visit for the holidays, there is an easy way to bring that "just brunched" feeling to fall. The Caramel Apple Cider Mimosa:

Ingredients:

8 oz. Apple Cider	1 Bottle of Champagne
8 oz. Caramel Flavored Vodka	1 Sliced Apple
	1/4 cup Cinnamon Sugar

Directions:

- 1 Mix the apple cider, vodka, and Champagne in a large pitcher and add 1/2 of the apple slices. Line the rim of the glass with cinnamon sugar (you can first dip the glass edge in water, simple syrup, or even caramel.) Garnish with a leftover apple slice on the edge. Enjoy! ■

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LiveLifeBig Podcast: Do You Want to Become a Leader? Nationally Recognized Leadership Coach Pierre Campbell Can Help!



Pierre develops leaders, managers and athletes by instilling a heightened sense of confidence and honing their ability to work effectively in teams through self-awareness, self-exploration, and acceptance. These same traits earned Pierre the college football Hall of Fame Award, a successful career as a professional Arena football player, and the opportunity to further develop as a leader and mentor as a Campus Director at a major university. Pierre earned a Bachelor's degree in Marketing and an MBA with a concentration in Human Resources.

Be sure to visit his website pierrecamp.com and follow his Instagram for daily motivational messages @pierrecamp. ■

BGL's Best Bites:

CHOCOLATE MINT BROWNIES



From the BGL Team: You have to try this easy, delicious brownie recipe this holiday season! Yield: 12 servings

Brownie Layer Ingredients:

½ cup butter (1 stick), softened	2 cups [16-ounce can] Hershey's Syrup
1 cup sugar	1 cup all-purpose flour
4 eggs	

Mint Cream Center Ingredients:

2 cups confectioner's sugar	½ to ¾ teaspoons mint extract (I use peppermint extract)
½ cup butter (1 stick), softened	3-5 drops green food coloring
1 tablespoon water	

Chocolate Glaze Ingredients:

6 tablespoons butter, softened	1 cup Hershey's Semi-Sweet Chocolate Chips
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Brownie Directions:

- 1 Preheat the oven to 350°F. Grease a 13x9x2 inch rectangular pan with non-stick cooking spray, shortening or butter
- 2 In a large mixing bowl, combine butter and sugar. Mix on medium speed until smooth and creamy.
- 3 Add eggs, one at a time, until incorporated, then Hershey's Syrup. Mix until smooth.
- 4 Add flour and mix until smooth. Pour mixture into the prepared pan and bake for 25 to 30 minutes. The brownies will look wet on top, but test for doneness by lightly touching the center—if it springs back, it is done.
- 5 Cool completely in the pan.

Mint Cream Center Directions:

- 6 Combine all ingredients; whip until smooth.
- 7 Spread over cooled brownie layer. (If you have an offset spatula, that helps!) Cover and chill.

Chocolate Glaze Directions:

- 8 In a small saucepan, over low heat, melt butter and chocolate chips. Whisk until smooth. Remove from heat and let cool slightly. Pour over the Mint Cream Layer. (Tip: roll pan back and forth, so the chocolate covers the mint layer evenly)
- 9 Cover and chill for at least 1 hour.
- 10 DONE! ■

BenGlassLaw in the Community

I learned about BenGlassLaw because they have sponsored some events at my gym (pre-COVID). **I joined the VIP club, so I could get a quick consultation on a legal form for my employment.**

I was able to set up a phone appointment for the next day. I sent him [Ben] the form ahead of time. Over the phone, he was extremely helpful and walked me through it and gave me the confidence in how to proceed. 10/10 would recommend! Oh, and did I mention the phone consultation was free??? Awesome service to offer the community!



- Rachel

BGL INSIDER: WHAT WE ARE WORKING ON

CONGRATULATIONS TO LISA DERCO!



Our newest team member, Lisa Derco, won her first trial as a plaintiff's attorney!

A \$14K verdict was awarded in a disputed liability no-offer case with very different versions of how the crash happened (basically, both drivers accused the other of road-rage). ■

BENGLASSLAW QUESTION OF THE MONTH:

What Are You Working on Outside of Work?

- *A noir radio legal drama set in futuristic outer space – Tammy*
- *Writing a novel! – Dayna*
- *Working on a sewing project—currently turning an old pair of jeans into an overall style dress – Jarissa*
- *Learning Portuguese and hoping to reschedule a 2020 family trip to Portugal that was canceled due to COVID-19 – Ellen*
- *Teaching myself to paint via YouTube Videos – Brian*
- *Updating my personal website – Chris* ■

Reminder About Our Firm's Communication Policy

Our promise to you is that while we are working on your case, we don't take inbound phone calls, faxes or emails. Ben Glass takes no inbound unscheduled phone calls whatsoever. It makes him much more productive and helps get your case resolved faster. You can always call the office at 703-544-7876 and schedule an in-person or phone appointment, usually within 24-48 hours. This is a lot better than the endless game of "phone tag" played by most businesses today. Remember, too, that email is "quick," but is checked no more than twice a day. Replies are then scheduled into the calendar. So if it's really important, don't email—call the office instead.

This publication is intended to educate the general public about personal injury, ERISA disability, and small business issues. It is not intended to be legal advice. Every case is different. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.

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What are the benefits of our VIP Program? Visit BenGlassLawVIP.com to find out!



FRESH EPISODES OF THE LIVELIFEBIG PODCAST!



Do You Want to Become a Leader? Nationally Recognized Leadership Coach Pierre Campbell Can Help!

Pierre Campbell, a nationally recognized leadership and personal development coach, stopped by the LiveLifeBig studio to talk with Ben about how to "Live Life Big".

JPierre is always willing to spread his wisdom and has a knack for bringing great energy everywhere he goes. Listen

in as Pierre talks about his upbringing, his path to a professional football career, and his lifelong ability to lead those around him. You will not want to miss this episode.

Pierre is known for his authentic style and passion as a Leadership & Personal Development Coach and Mentor. The native New Yorker from Queens is an empowering speaker who infuses hope, positivity and action into each and every presentation. Pierre's personal approach encourages participants to achieve their desired results through the power of positive thinking and proactivity.



WHAT WOULD BEN SAY

- **LIST OF BOOKS MOST RECENTLY READ OR CURRENTLY READING:**

- 1 *Who, Not How* – Dan Sullivan
- 2 *One Life* – Megan Rapinoe
- 3 *Blowing the Whistle – The Psychology of Football (Soccer) refereeing*
- 4 *For the New Intellectual* – Ayn Rand
- 5 *Introduction to Objectivist Epistemology* – Ayn Rand
- 6 *How to Lead* – David Rubenstein

- **WHAT IS THE THING I MISSED MOST BECAUSE OF COVID-19 IN 2020?**

Group worship at Abiding Presence, our local church. We have our family and our workplace, but Abiding Presence has been the “third place” for Sandi and me for a long, long time.

- **SOCCER REFEREEING REVIEW FOR 2020:**

I refereed two high school scrimmage games in March— then everything closed. The Fall high school soccer season never

got the opportunity to start, but the youth league did play. I got in about nine games and found the parents, coaches and players to be very well-behaved. I struggled some because of running injuries. Thankfully, with help from a great physical therapist and chiropractic team, they got me back to feeling pretty much pain-free (and strong). I was running by the end of the season.

- **FITNESS HIGHLIGHT OF 2020:**

Ten months after my stem cell procedure (using my own cells) for a torn rotator cuff in my left shoulder, I’m back swinging from bars and am, frankly, stronger in my upper body than I’ve ever been before. I do get to the gym three times a week when I have a soccer game to referee and 4-5 times a week if there was no game. At one point, though, I hit 200 lbs. (my weight, not my overhead squat) and made an immediate decision to focus on nutritional health. Now back to 186 and hitting some Personal Records in the gym (which is pretty good for 62.)



- **BEST PODCAST COMPANY:**

Check out a company called Wondery. Paying them about \$30 a year is worth it. Listen to the podcast, *Dying for Sex*. It’s a story of a woman who learns she is dying of breast cancer and decides to live the rest of her life fully. Why do we wait for a really bad diagnosis to make these decisions? The *Dr. Death* series (also from Wondery) is fascinating and scary.

- **2021 GOALS:**

To be able to “Rx” at least one event during the CrossFit Open in February. Get weight below 180. Be able to run pain-free. Continue to do some of the most interesting work in my almost 40-year legal career. Lead the expansion of BenGlassLaw into other states. ■

