

# LIVELIFEBIG™

## NEWSLETTER

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Virginia Attorney  
**Ben Glass**



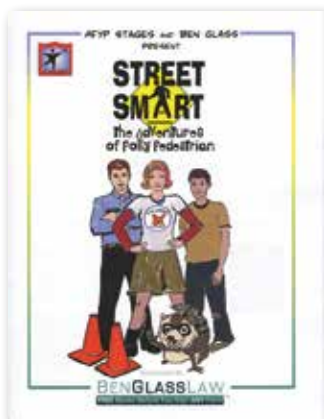
A Monthly Publication of Ben Glass Law  
This newsletter is for informational purposes only and no legal advice is intended.

## An Easy Way to Get Your Kid Interested in the Arts *by Ben Glass*

*Recently, I had a great sit-down interview with Mary Lechter, the founder of Acting for Young People. Mary helps kids in the area get into the Arts, which I can tell you is incredibly important, having raised a few kids myself.*

We originally became involved with AFYP through their in-school educational shows. Through a series of skits and characters, they teach kids traffic and bike safety, something we're passionate about, having defended so many car accident victims.

Years ago, we made a coloring book that paired with the show's characters called *Street Smart: The Adventures of Polly Pedestrian*, and the response was great:



**Want this coloring book and some crayons free?**  
Email [staff@benglasslaw.com](mailto:staff@benglasslaw.com)

We actually dug around the office and found a box of the coloring books, and we thought, hey, let's give these to our readers! So, if you're reading this and you've got a young child, or a relative who does, shoot an email with the subject line "Coloring Book" to

[staff@benglasslaw.com](mailto:staff@benglasslaw.com) and we'll send you one plus some crayons—free!

I remembered my interview with Mary, which you can watch on the Ben Glass Law youtube channel, and I wanted to spread the word since it's that time of year. AFYP does a lot: after school programs, theater productions, etc., plus, they work with a wide range of ages and abilities. Your child doesn't have to be Daniel Day-Lewis to have a good time and grow in the Arts.



**See the full series with Mary by going to the Ben Glass Law youtube channel**

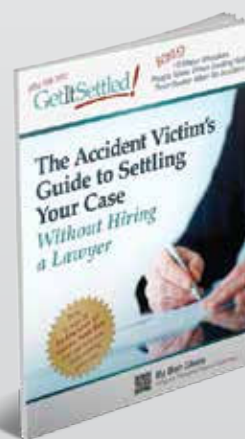
Definitely check out [www.AFYP.org](http://www.AFYP.org) to find out more about classes and opportunities for young people to get into acting in the area. And send an email to [staff@benglasslaw.com](mailto:staff@benglasslaw.com) if you want your free coloring book! ■

*Ben Glass*

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## FREE INSTANT DOWNLOAD GET IT SETTLED



**You can settle your own case.**

**GetItSettled:**  
The Accident Victim's Guide to Settling Your Case Without

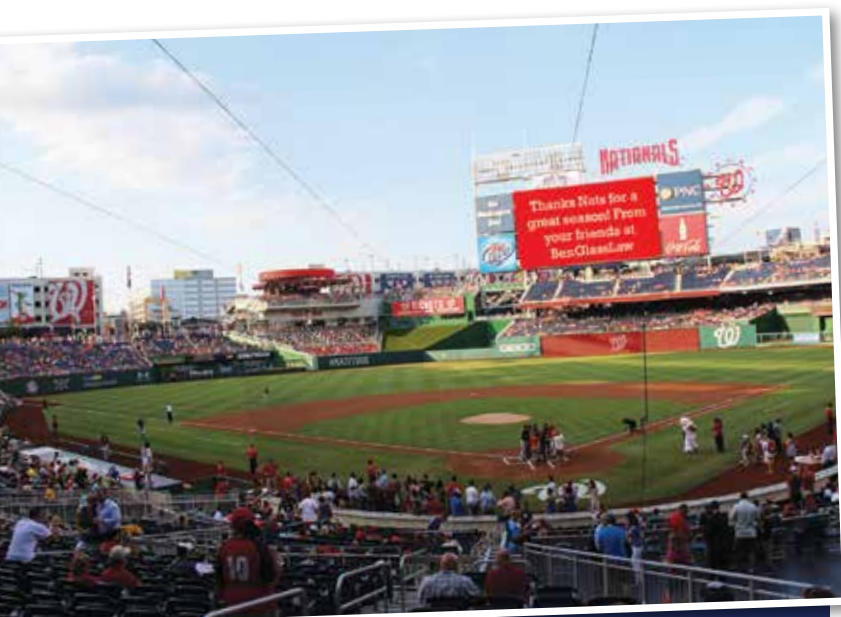
*Hiring a Lawyer* reveals the secrets that top lawyers use to get top dollar results.

Go to **GetItSettled.com** to get your free download now or call 877.540.8618 to have a copy mailed to you.

## FAITH IN ACTION: Ben Glass on Business and Christianity. Is There a Conflict?

*What exactly is the relationship between your personal beliefs and running a business? Should your beliefs change how you pursue money? Is there a conflict between Christianity and capitalism at all?*

If this topic is up your alley, you're going to want to take us up on this free CD. Ben Glass recently gave a talk on the subject, and we're giving the recordings away to those who want it. Just email [staff@benglasslaw.com](mailto:staff@benglasslaw.com) with the subject line "Faith in action" and we'll be happy to send it out to you. (Be sure to include your mailing address!)



## Go, Nats!

*The Nationals fought hard and had a fantastic season! We're all proud of them and what they accomplished this year!*

This picture is from last year when the BenGlassLaw team (and some family and friends) all went to support the home team!

Go, Nats! We can't wait for next season!



## BGL's Best Bites



## HALLOWEEN "GHOUL" ...ASH!

by Sandi Glass

### Ingredients:

- 1 ½ lbs. lean ground beef
- 1 small onion chopped fine
- 2 cans tomato soup
- 1 can black beans
- 1 ½ c frozen corn, defrosted
- 2T Worcestershire sauce
- ½ can water to rinse tomato soup can
- ½ lb. grated Cracker Barrel cheese
- Your choice of pasta (I use rotini, twirly noodles)



### Preparation:

- 1 Cook noodles
- 2 Preheat oven to 350 degrees
- 3 In large skillet, brown beef with chopped onions. Drain.
- 4 Add next five ingredients and the cooked noodles.
- 5 Add 1/2 - 2/3 cheese. Stir until blended. (Save remaining cheese for topping)
- 6 Transfer to casserole dish.
- 7 Cook covered with foil for 30-45 minutes. Remove foil and add cheese, returning to oven until melted.

\*\*\*Gluten-free version (I've had to convert a lot of our favorite recipes for our son, Kevin) Substitute 1 can of chopped tomatoes and ½ can of tomato sauce for the tomato soup. Use Ronzoni Gluten-Free Rotini (we've found these to be the best GF noodles) in place of regular noodles. ■

# THE INSURANCE COMPANIES ARE AT IT AGAIN

by Jose Caballe

*This was a Lyme disease case with a plethora of secondary medical conditions. By and large, this claimant stands out as one of the most clearly disabled people we have represented.*

The fact that we had to be retained to fight the termination was egregious. Our client even had a necrotic rash and a peripherally inserted central catheter (an IV hanging out of the arm). Even with these things in place, the insurer told him that he was capable of working 8 hours a day, 40 hours a week.

We produced an appeal that laid out the permanent medical conditions, our client's prior job duties, disability and medication lists.

The insurer did a thorough review post-appeal in an attempt to find any reason to uphold their decision, but found NONE.

**We're very happy for our client. Now that the claimant's benefits have been handled, we wish him the best of luck overcoming the medical conditions which affect him.**

This was truly a 100% disabled person. He had a strong policy and a demanding job. Even with everything indicating entitlement to benefits, he was denied.

Ridiculous. ■



## HAS YOUR LONG-TERM DISABILITY CLAIM BEEN **DENIED** ?

**This free book by Virginia attorney Ben Glass walks you through the legal process you will now deal with.**

A respected federal judge once said, "Sometimes it feels as if the only thing that purchasing insurance actually insures is that one will eventually have an unpleasant dispute with the insurer over payment on a claim."

*What does this mean exactly?* It means that you need information to make sure that your claim gets the right result.

**Discover the seven clauses you never want to see in a disability insurance policy, and learn the truth about Long-Term Disability insurance companies at**

**[www.TheDisabilityBook.com](http://www.TheDisabilityBook.com) or call (703) 544-7876**



## Reminder About Our Firm's Communication Policy

Our promise to you is that while we are working on your case, we don't take inbound phone calls, faxes or emails. Ben Glass takes no inbound unscheduled phone calls whatsoever. It makes him much more productive and helps get your case resolved faster. You can always call the office at 703-544-7876, and schedule an in-person or phone appointment, usually within 24-48 hours. This is a lot better than the endless game of "phone tag" played by most businesses today. Remember, too, that email is "quick," but is checked no more than twice a day. Replies are then scheduled into the calendar. So if it's really important, don't email—call the office instead.

This publication is intended to educate the general public about personal injury, medical malpractice, and small business issues. It is not intended to be legal advice. Every case is different. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.



3915 Old Lee Highway Suite 22-B  
Fairfax, VA 22030  
tel 703.544.7876 fax 703.783.0686  
www.BenGlassLaw.com

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- » Get your free CD recording of Ben's latest talk, "Faith in Action."
- » Halloween "Ghoul"...ash!
- » And much more...



## Trick-Or-Treat Safety



*It's almost time to dress up like princesses, ninjas, and scary ghouls, all for the sake of free candy! While Halloween is undoubtedly a fun day for kids, it's also a pretty dangerous one!*

### *Here are 4 Tips for Halloween Safety from BenGlassLaw!*

- 1 Make sure your child knows not to eat any candy before you get a chance to look at it!**  
It's always better to be safe than sorry. If it's concern for an allergy or something more sinister, it's always a good idea to go through your child's candy before he or she eats it all up!
- 2 Beware of cars!**  
Try to wear something reflective while you and your kids are out in the dark! While drivers should absolutely be on the lookout for people in the street, try to help them so that the risk of getting hurt is much lower!
- 3 Agree on a time for your kids to be home.**  
Having this kind of "curfew" is important if your kids are trick-or-treating by themselves. While everyone has a cell phone these days, it's best to err on the side of safety.
- 4 Flashlights!**  
Flashlights will help you and your children see and avoid things hidden in the dark! Don't step in something yucky!

Have fun, but remember to stay safe! ■